



# WHOLE FOODS MENU

1015 Hustonville Rd. Danville, KY 40422 - (859)379-2156 \*\*\*DINE IN, PICK UP OR DOOR DASH\*\*\*

At CBD etc we take pride in keeping all **preservatives, dyes and corn syrups** out of our food. We use as many **organic, fresh, and local ingredients** as possible. We take pride in keeping you **healthy and happy!**



# SALADS

SALADS ARE SERVED WITH A 4OZ CONTAINER OF YOUR CHOICE OF DRESSING ON THE SIDE  
YOU MAY ADD A BISCUIT, TOAST OR A WRAP FOR \$1.00 - GLUTEN FREE TOAST AVAILABLE

## **CBD etc. Signature Salad** **\$10**

(Formally known as the ULTIMATE SALAD) Spring Mix, Microgreens, Spinach, Sunflower seeds, Goat cheese, Hard Boiled egg, Blackbeans, Avocado, Shredded carrots, tomato. Best paired with Avocado or chipotle ranch dressing

## **Vegan Paradise** **\$8**

Spinach, Spring Mix, Microgreens, Carrots, Black Beans, Tomato, Avocado, walnuts with your choice of dressing

## **Spinach Snack** **\$6**

Bed of spinach, topped with goat cheese and walnuts. Best paired with the sweet italian dressing.

## **Tuna Salad** **\$10**

Spring mix, Microgreens, Tuna, Hard boiled egg, shredded carrots, peas, tomato, onion, chia seed, your choice of dressing

## **Simple Man** **\$8**

Spring Mix, Microgreens, Hard Boiled egg, Goat cheese, Carrots, tomato with your choice of dressing

## **Build Your Own** **\$10**

Tell us what you want and we will make it your way!  
Up to 8 toppings on a bed of spring mix or Spinach

# Smoothies/Smoothie Bowls

**Smoothies** : Served in a 16oz cup with straw,  
**Smoothie Bowls**: served in a 24oz bowl  
topped with Oat and honey granola, walnuts,  
blueberries or pineapple and coconut,  
strawberries, and sliced bananas.topped with  
honey or agave and chia seeds

# Drinks

Served in 16oz or \$1.50 more for 24oz

**Add:**

- 2g Kratom/Kava - \$1.00
- 10mg Delta8 - \$1.00
- 20mg CBD (Anxiety relief) - \$1.00
- CBG (Pain Relief) - \$1.00
- 5mg THC-v (Appetite suppression) - \$1.00

**PBS**  
**\$6 / \$8**

Peanut Butter, Strawberry, Banana, Oats,  
Microgreens, Almond/Oat milk/ Coconut  
Water, Agave/Honey

**Blueberry Lemon Tart**  
**\$6/ \$8**

Blueberry, Fresh squeezed lemon juice,  
Banana, Flax seed, Microgreens, Almond/Oat  
milk/Coconut Water, Agave/Honey

**Strawberry Pina Colada**  
**\$6/\$8**

Pineapple, Coconut, Strawberries, Banana,  
Microgreens, Almond/Oat milk, /Coconut  
water, Agave/Honey

**Acai Berry**  
**\$8/\$10**

Acai Berry, Blueberry, Strawberries, Banana,  
Microgreens, Almond/Oat milk, /Coconut  
water, Agave/Honey

**Coffee Drinks - Freshly ground organic coffee**  
**french pressed daily. Served Hot or Iced. Small**  
**Batch Cold Brew available. \$5.00 ea**

**Tay (kinda like a chai):** Coffee, seasoned with vanilla,  
allspice and cinnamon, sweetened with honey and topped  
with house made sweet cream

**Brandy (Kinda like a Mocha):** Coffee, seasoned with vanilla  
and cocoa powder, sweetened with honey, topped with  
frothed house made sweet cream

**New girl (Cinnamon spice):** Coffee, seasoned with  
cinnamon, sweetened with honey, topped with frothed  
house made almond milk

**Peppermint Mocha:** Coffee, seasoned with vanilla and pure  
peppermint extract and cocoa powder, sweetened with  
honey, topped with frothed house made sweet cream

**OTHER DRINKS**

**Fresh Squeezed Lemonade \$3.00** : Made to order with reverse  
osmosis water, fresh squeezed lemonade sweetened with honey  
(Agave or sugar available)

**Reverse Osmosis Water - Free with purchase**

**Kratom shots \$3.50** - 4oz Brewed kratom with delicious natural  
flavoring!



# SIMPLE BRUNCH

## Breakfast Burrito

**\$8**

Preservative free wrap loaded with Local sausage from Sunwatch Homestead, Pasture raised eggs scrambled with spinach and seasoned to perfection, grilled sweet pepper, topped with a few dabs of hot sauce. Add: Avocado for \$1 or Greek Yogurt for \$.50

## The Hangover

**\$6**

Grilled whole grain seeded bread Served with 2 over medium eggs on top, drizzled with hot sauce and ketchup

## AVOCADO TOAST

**\$7**

Grilled whole grain seeded bread, Served with Avocado, 2 over medium eggs, and strawberries on top!

## Biscuits N Gravy (VEGAN or NOT)

**\$6**

Biscuit (Served broken up), Sausage gravy (Non Dairy) - (VEGAN GRAVY AVAILABLE (NO SAUSAGE) served on toast as our biscuits are made with Yogurt in them!

## ON THE SWEET SIDE:

### Sweet little thing

**\$5**

Grilled whole grain seeded Toast Served with Avocado, Strawberries topped with Honey/Agave

### Oatmeal w/ Fruit

**\$5**

Bowl of organic Old Fashioned Rolled oats cooked with the fruit of the day, sweetened with honey and vanilla, topped with walnuts.

### Yogurt Parfait

**\$5**

Organic greek yogurt, Honey, vanilla, and real fruit, topped with Granola

### ADD:

EGG: \$1.00 or Avocado: \$1.00

Microgreens: \$0.50

2g Kratom - \$1.00 or 10mg Delta8 - \$1.00,

20mg CBD or CBG - \$1.00 5mg THC-v - \$1.00

# CHOOSE YOUR CARB!

BOWLS - served with Warm Whole Grain Rice

Homemade Biscuits - served Broken up/or open

Toast - is Grilled with Coconut oil

**( GLUTEN FREE AVAILABLE )**

Wraps - are preservative free

## Got Protein?

**\$8.50**

Black beans, Microgreens, Organic Ship Jack Tuna, Goat Cheese, Tomato, Avocado, Hard Boiled Egg, Greek Yogurt, Dab of Hot Sauce

## Vegan Love

**\$7**

Black beans, Microgreens, Tomato, spinach, Carrots, Sweet Peppers, and peas and avocado, Dressed with homemade vinaigrette

## Take a S.E.A.T

**\$8.50**

Sausage, egg (Over medium), Avocado, Tomato, Goat cheese, Microgreens, Dressed with Greek Yogurt and a couple dabs of hot sauce

## Everything is Gravy

**\$9**

Sausage, Egg, Goat Cheese, Tomato, Avocado, Sausage Gravy topped with microgreens

